2023 Media Kit

ACTRESS | WRITER | PRODUCER



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Photo: Sam Krockmal Photography

Biography

Charismatic Canadian actress, Katia Plotnikoff, is of Russian Doukhobor heritage, born to parents; Marcie (Barisoff) and Darryl Plotnikoff. Growing up on an orchard, in the small town of Creston, she developed at an early age, a deep connection to nature and community.

In her early 20's she studied environmental sciences in the Okanagan, and later continued on to complete her BA in business marketing.

Before moving to Vancouver, she developed a taste for travel, living in several



Photo: Jenna Berman

different countries including New Zealnad, Australia, and Spain before returning to Canada and ultimately settling in Vancouver to pursue her dream of acting.

Most prominently, she is known for her ability to portray complex characters with strength through a powerful exterior yet haunted by a deep emotional past within. She is known to bring a grounded salt of the earth truth to her performances.



Projects



Photo: Sam Krockmal Photography

Current Projects

DIGNITY

Set to film March 3 (2023), Katia landed the lead role of June in the short film, **Dignity**, written by Annika Tse.

The story follows June to Switzerland, where she accompanies terminally-ill sister Ava to take part in medically assisted suicide.

ACTUAL LIFE

Currently in script revisions, Katia is set to produce, act, and co-direct (alongside director Sebastian Ortiz Wilkins) her first short film.

Actual Life will be shooting in the early summer of 2023, bringing to life the story of Vanessa & Marcus (inspired by true events) which follow a couple navigating a terminal-illness diagnosis, both having conflicting treatment aspirations.

Past Projects



HOUSE OF MOTHS

In the short film, **House of Moths** (2022), Katia was the lead antagonist, and dove into the dark shadows of a matriarch demon named Lorelai. The film is currently circulating festivals.



FOOTLIGHTS

Katia leaned into her Russian roots, for the independent feature film, **Footlights** (2022) directed by Hamed Niki, and written by Amy King. As a Russian mobster, she used her sex to seduce, distract, and destroy her enemies under the leadership of intimidating female mob boss, Rose.







LIE LIKE ME

Directed by John Lewis James, **Lie Like Me** (2020), Katia took on the role of executive music producer, Justine.

COINCIDENCE

In the short thriller, **Coincidence** (2019), directed by Ken Sasaki, Katia was cast as a news reporter, tasked with delivering news of a serial killer suspected in a small town.





INTERVIEW WITH THE BROKEN

In the relationship drama, **Interview with the Broken** (2018) written and directed by Kris Kuruneri, Katia brought lead character, Katie's, story to life. Exploring the rise and fall of a romantic relationship – and what ultimately caused its collapse.





BONSAI

In the heartfelt story of **Bonsai** (2018), directed by Sebastian Ortiz Wilkins, Katia brought heart to the role of the mother, of which the family was struggling to grieve.

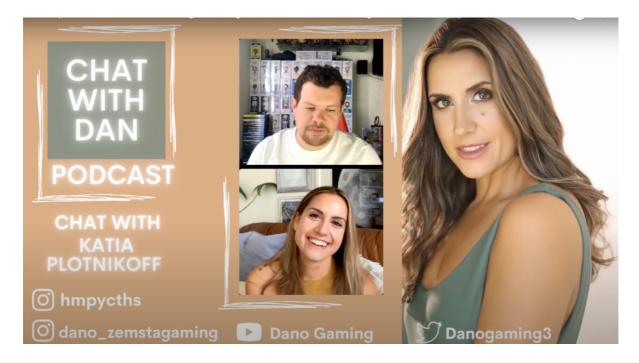




Photo: Sam Krockmal Photography

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SAM KROCHMAL PHOTOGRAPHY



CHAT WITH DAN (PODCAST)

Available on YouTube, Season 2 Episode #8 – Katia chats with Dan about acting, creating character and performing.

INDIE SHORTS MAG

Award winning film, **Bonsai** tells the tale of loss, pain, and healing.

Directed by Sebastian Ortiz Wilkins, a father (Paul Snider) and daughter (Cassandra Naud) must come to terms together after the monumental loss of the mother, Lu (Katia Plotnikoff)

AWARD WINNING 2020 INDEPENDENT SHORTS AWARDS

'Bonsai' Offers A Way Of Coping With Loss...

by Nimisha Menon - 02 Sep 2018 in Reviews

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Photos







Top Photo: Gil Photography @_gilphoto Bottom Photos left and right: Jenna Berman Photography









Top Photos left and right: behind the scenes filming independent feature film '**Footlights**' Bottom Photo: cast and makeup department behind the scenes for the short film '**House of Moths**'





Top Photos left and right: Sam Krochmal Photography Bottom Photo: behind the scenes for the short film **'House of Moths**'



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